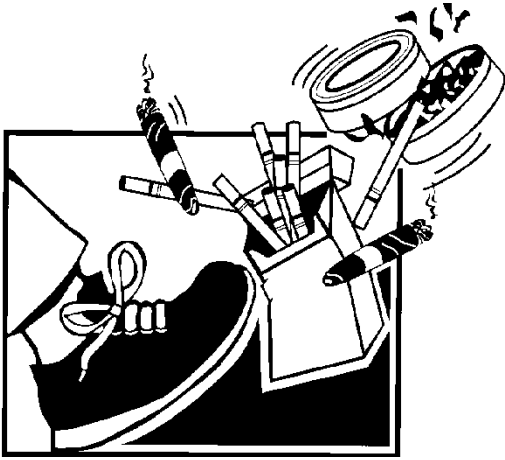


DID YOU KNOW COUNTY BUILDINGS AND GROUNDS ARE SMOKE-FREE?



GET FREE HELP TO **QUIT SMOKING** & *KICK THE BUTTS!*

Kick the Butts is a series of five classes for adults that focus on overcoming nicotine addiction, support systems, rewards, and nutrition & stress reduction techniques.

DATE, TIME and LOCATION:

Thursdays | June 1- June 29, 2017 | **2 – 4 PM** | 355 Tuolumne St.,
Vallejo | Conference Rm. 3117

REGISTER BY CALLING:

(707) 784-8900

FOR OTHER FREE RESOURCES:

www.TobaccoFreeSolano.org

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Solano County Health and Social Services
Health Promotion and Community Wellness Bureau
Funded by the Solano County Board of Supervisors

